

November Senior Center Gazette 2003



Annual Holiday Boutique & Sweet Shop Friday, November 7 10:00 am to 2:30 pm

Fremont Senior Center Crafts classes (including Quilting, Wood Carvers, and Crafts), plus many talented individuals have prepared wonderful items for you to view and purchase. We will also have tasty sweets and baked goods for you to eat and share with your family and friends. So get into the holiday spirit and attend the Annual Holiday Boutique & Sweet Shop on Friday, November 7!



**Tuesday, Nov. 11
Veteran's Day
Holiday - Senior
Center Closed**

Wednesday, November 12 11:30 am & Lunch Veteran's Day Celebration

We want to recognize and celebrate with all of our senior veterans. Wear your service caps, awards, shirts, etc. and join in our Veteran's Day Celebration with Winton S. Turner, Secretary, Washington Township Veteran's Memorial Commission.

November Birthday Party Friday, Nov. 14, 1:30 pm

Edna Gamba and the Fremontaires will entertain everyone with their great music and songs. Please join us for cake, ice cream, & coffee. A drawing with prizes will be held for seniors who celebrate November birthdays.

Clothing Sale - Big Success!!

Priscilla Whitaker thanks her terrific volunteers and shoppers who gave us another fabulous clothing sale. We raised \$1200 for the Senior Center Budget and all left with bargains galore!

COMMUNITY SERVICES

SENIOR SERVICES.....	574-2050
Coordination of services for homebound seniors	
Companions for Life (Medical Alert Program)	
Local van group trips for shut-ins.....	574-2082
Tri-City Elder Coalition.....	574-2064
LIFE ELDERCARE.....	574-2090
Caregivers Support.....	574-2035
Home Services Registry.....	574-2095
Meals on Wheels.....	574-2092
Friendly Visitor Program.....	574-2097
TRANSPORTATION ASSISTANCE	
AC Transit Information*.....	511
City of Fremont Paratransit Program.....	574-2053
East Bay Paratransit Program.....	1-800-555-8085
HOUSING ASSISTANCE(OFFICE OF NEIGHBORHOODS).....	494-4500
LEGAL ASSISTANCE FOR SENIORS.....	1-800-393-0363
SOCIAL SECURITY.....	1-800-SSA-1213
MEDICARE.....	1-800-952-8627
MEDICARE & INSURANCE COUNSELING(HICAP).....	839-0393
TRI-CITY HEALTH CLINIC.....	713-6685
SENIOR LIBRARY SERVICES.....	745-1499 or 745-1491
SENIOR PEER COUNSELING.....	574-2063
ALZHEIMER ASSOCIATION HOTLINE.....	1-800-660-1993

*511 is a new toll-free voice activated phone service. Call 511 for information on AC Transit BART, road conditions and trip planning.



Happy Thanksgiving to All!

Chef Riley will be preparing a
Special Thanksgiving Luncheon
Tuesday, November 25, 1 pm
With Roasted Turkey, Stuffing
Mashed Potatoes & Gravy,
Cranberry Sauce, Vegetable, Salad,
Roll, & Pumpkin Pie
\$5 - Senior Center Members
\$6 - non-members over 55
\$7 - "youngsters" under 55

The Senior Center will be closed
Thursday, November 27 and
Friday, November 28
for Thanksgiving Holidays.

Garden Club Trips

Friday, Nov. 7, 1 pm, Regan's Nursery
Thursday, Nov. 13, 8:30 am,
Sunset Gardens

Fremont Senior Center Trips 2004

Want to travel to Scandinavia in May/June or the Great Smoky Mountains in the Fall? Sign up with the Senior Center Trip Program. Day trips are scheduled, starting with a trip to the restored San Francisco Ferry Building and the Asian Art Museum in January, COPIA the Center for Food and Wine in the Napa Valley in February, and The Hayes Mansion and The Technology Museum of Innovation in March. Other exciting places to be visited include A Russian River Escape, A Day of Elegance at Grand Island Mansion, and a San Francisco Rooftop Garden Tour. Stop by the Senior Center Office to get a Trips 2004 List.

Looking Forward to December:

Monday, December 1
Decorate for the Holidays
Friday, Dec. 12, 1:30 pm
Birthday Party with Singers from
Senior Center Singers &
Irvington & Mission San Jose H.S.
Monday, Dec. 22, 9:00 am
Grandparent's & Grandchildren's
Breakfast with Santa.



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.